

## Mahatma Education Society's VIDYADHIRAJA COLLEGE OF PHYSICAL EDUCATION & RESEARCH

Sector 8, Khanda Colony, New Panvel (W), Navi Mumbai, Dist. Raigad-410206 Tel: 27453050/27454285/27454286



## **INSTITUTIONAL BEST PRACTICE-2**

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|-------------------------------|----------------------------------|--|
| 1.                            | Title of the<br>Practice         | Empowering Student-Athletes: The Learn and Earn Scheme for B.P.Ed. Students  |
| 2.                            | Duration                         | Annually   |
| 3.                            | Objectives<br>of the<br>practice | The primary aim of the Learn and Earn Scheme is to extend financial support to economically disadvantaged but talented student-athletes enrolled in B.P.Ed. programs. By engaging these students as coaches in summer coaching camps across diverse sports, the scheme not only offers them a source of income but also enhances their coaching skills and provides practical exposure to the field.   |
| 4.                            | The Context                      | In designing and implementing the "Empowering Student-Athletes: The Learn and Earn Scheme for B.P.Ed. Students," several contextual features and challenging issues were considered. Firstly, ensuring the balance between academic requirements and coaching commitments is crucial. B.P.Ed. students must manage their time effectively to excel in their studies while fulfilling their coaching responsibilities.  Moreover, providing adequate training and support for student-coaches is essential. They need guidance not only in sports coaching techniques but also in leadership, communication, and mentorship skills to effectively engage with participants of diverse age groups and skill levels.  Additionally, fostering inclusivity and accessibility in sports participation is essential. The scheme should strive to accommodate individuals from diverse socioeconomic backgrounds, abilities, and gender identities, ensuring equal opportunities for all aspiring athletes. |
| 5.                            | The Practice                     | Under the Learn and Earn Scheme, B.P.Ed. students are offered the opportunity to serve as coaches during summer coaching camps organized for various sports. These camps serve as platforms for young teacher trainees to refine their skills under the guidance of trained coaches. The student-teacher, supervised by experienced mentors, lead training sessions, conduct practice matches, and offer valuable insights to the participants.  Sports and Games:  The scheme covers a wide array of sports and games, catering to the diverse interests and talents of both the student-teacher and the participants. From popular sports like football, basketball, and cricket to niche disciplines such as badminton, swimming, and athletics, the coaching camps provide comprehensive training and exposure across various sporting domains.  |
| 6.                            | Evidence of success              | The Learn and Earn Scheme has yielded multifaceted benefits since its inception. Firstly, it addresses the financial constraints faced by economically weaker B.P.Ed. students, enabling them to pursue their education without undue financial burden. Moreover, by engaging these students as coaches, the scheme enhances their practical knowledge and coaching skills, fostering their professional development in the sports industry. Additionally, the coaching camps organized under the scheme contribute to the holistic  |

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|   | development of young athletes, providing them with expert guidance and mentorship to excel in their chosen sports.   |
| 7. Problem encountered and resources required | <b>a. Time Constraints:</b> Balancing academic commitments with coaching responsibilities poses a significant challenge for student-coaches. Managing coursework, practical training, and coaching duties necessitates effective time management skills and support from academic advisors and coaching staff.   |
|   | <b>b.</b> Sustaining Interest: Maintaining enthusiasm and engagement among student-coaches throughout the duration of the coaching camps can be challenging. Providing incentives, recognition, and opportunities for continuous learning and skill development is essential for sustaining their interest and commitment to the program.  |
| 8. Note                                       | The Learn and Earn Scheme exemplifies a proactive approach to supporting student-teacher while enriching the sporting ecosystem through mentorship and practical training opportunities. By addressing financial constraints, enhancing coaching skills, and promoting sports participation, the scheme contributes to the holistic development of both student-coaches and aspiring athletes, thereby fostering a culture of excellence in sports education and training. |